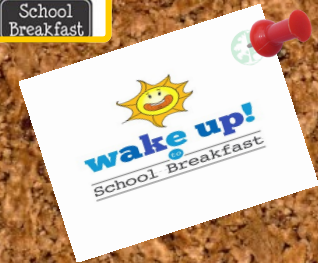


May 2016

MIDWEST CENTRAL PRIMARY SCHOOL Breakfast Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
2	*PANCAKE WRAP CRISP APPLE	*SAVORY SAUSAGE BISCUIT PINEAPPLE TIDBITS	4 BREAKFAST PIZZA JUICY ORANGE	5 SCRAMBLED EGG BREAKFAST WRAP CINNAMON APPLESAUCE	6 WAFFLES PETIT BANANA
9	CHEESE OMELET** ROSY APPLESAUCE	10 BREAKFAST CHICKEN BISCUIT JUICY ORANGE	11 CRUNCHY BAGEL W/JELLY PETIT BANANA	12 *PANCAKE WRAP CRISP APPLE	13 SAUSAGE GRAVY BREAKFAST PIZZA PINEAPPLE TIDBITS
16	*HAM & CHEESE BISCUIT CRISP APPLE	17 WILD BERRY BREAD JUICY ORANGE	18 CHEESE OMELET** ROSY APPLESAUCE	19 STRAWBERRY PANCAKES PETIT BANANA	20 COUNTRY BISCUITS & GRAVY FRESH PEAR
23	MINI MAPLE WAFFLES FRESH APPLE	24 *SAVORY SAUSAGE BISCUIT PINEAPPLE TIDBITS	25 BREAKFAST PIZZA JUICY ORANGE	26	27
SUMMER BREAK				Have a safe & fun Summer!	
30		31		MIDWEST CENTRAL IS PROVIDING BREAKFAST AT NO CHARGE TO ALL STUDENTS. Offered Daily: w/meal or 35¢ a la carte Fat Free Flavored Fat Free White 1% White	

Available Daily
Fruit Yogurt **
Assorted Breakfast Bars**
Pop Tarts

Variety of Fresh Fruit
Canned Fruit
100% Fruit Juice

Need to top-up your child's account?
Send a check payable to
Midwest Central SD 191
OR
Go online at www.teacherease.com
& log into your student's account

Questions
Call Mary Hill
Food Service Manager
309-968-6464 X 257

Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork

**Offered w/Toast