

May 2016

MIDWEST CENTRAL MIDDLE SCHOOL Breakfast Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
2	*PANCAKE WRAP CINNAMON APPLESAUCE	*SAVORY SAUSAGE BISCUIT PINEAPPLE TIDBITS	4 BREAKFAST PIZZA JUICY ORANGE	5 SCRAMBLED EGG BREAKFAST WRAP CINNAMON APPLESAUCE	6 WAFFLES PETIT BANANA
9	BREAKFAST PIZZA ROSY APPLESAUCE	10 BREAKFAST CHICKEN BISCUIT JUICY ORANGE	11 CRUNCHY BAGEL W/JELLY PETIT BANANA	12 *PANCAKE WRAP CRISP APPLE	13 SAUSAGE GRAVY BREAKFAST PIZZA PINEAPPLE TIDBITS
16	*HAM & CHEESE BISCUIT CRISP APPLE	17 WILD BERRY BREAD JUICY ORANGE	18 CHEESE OMELET** ROSY APPLESAUCE	19 STRAWBERRY PANCAKES PETIT BANANA	20 COUNTRY BISCUITS & GRAVY FRESH PEAR
23	MINI MAPLE WAFFLES FRESH APPLE	24 *SAVORY SAUSAGE BISCUIT PINEAPPLE TIDBITS	25 BREAKFAST PIZZA JUICY ORANGE	Have a safe & fun Summer!	
30	SUMMER BREAK				
				<i>Offered Daily:</i> w/meal or 35¢ a la carte Fat Free Flavored Fat Free White 1% White	

Available Daily
Fruit Yogurt**
Assorted Breakfast Bars**
Pop Tarts
Mini Donuts

Variety of Fresh Fruit
Canned Fruit
100% Fruit Juice

Need to top-up your child's account?
Send a check payable to **Midwest Central SD 191**
OR
Go online at www.teacherease.com
& log into your student's account

Questions
Call Mary Hill
Food Service Manager
309-968-6464 X 257
Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork

(**) Offered w/ Toast